

Last year, we were delighted to partake in the Amber Flag initiative. We thoroughly enjoyed all the wellbeing activities organised by Ms Murphy and the Amber Flag committee with the help of the parents association. A big thank you to all involved. We are delighted to continue this very worthwhile initiative this year.

The Pieta Amber Flag Initiative recognises the individual efforts of primary and secondary schools, youthreach, third level institutions, community groups and clubs to create healthy, inclusive environments that support mental well-being.

Uniting these groups in their efforts, working together toward a happier, healthier Ireland and eradicate the stigmas associated with mental health issues.